

SINGLE PRESS RELEASE

Best Girl Athlete  
*Lucy / Frayed*



**Band:** Best Girl Athlete

**Single:** Lucy / Frayed

**Label:** Fitlike Records

**For Fans of...** Lucy Rose, Daughter, Marika Hackman, Lana Del Ray

**Katie Buchan** - aka **Best Girl Athlete** - is back with another emotion-strewn single, **Lucy**, out now via **Fitlike Records**. The single will also include b-side **Frayed**.

*Lucy* was inspired by the **Luc Besson** film of the same name and written at a time when Katie was considering her future study paths. It's a bitter-sweet, sweeping piece of cinematic pop, anchored by a beautifully lifting string arrangement performed by **Pete Harvey** of **King Creosote/Modern Studies** fame. B-side *Frayed* deals with the brutal reality of knowing you are losing a loved one. Filled with twinkling piano melodies that flow seamlessly alongside the subtle power of Buchan's fragile vocals, *Frayed* oozes a swirling, heart-wrenching splendour; interweaving elements of indie-folk with pop sensibilities akin to **Lucy Rose**, *Frayed* is a truly majestic track.

*Lucy* is taken from Best Girl Athlete's self-titled sophomore album. Written prior to reaching the age of eighteen alongside her musician father, Charley, Katie continues to establish herself as a mature singer-songwriter with a creative vision that, not only surpasses expectations but confirms the young musician as a prominent and original talent, justifying her host of admirers that includes **Richard Hawley** and **Simone Felice**.

By the age of sixteen, Katie had already toured the U.S and Europe and released an album that was nominated for a **Scottish Alternative Music Award**. *Carve Every Word* was named the second best Scottish album of 2015 by **Ravechild** and received acclaim from the likes of **The Line of Best Fit**, **Clash**, **Folk Radio**, **Artrocker**, **The Sunday Herald** and **BBC Radio Scotland's Vic Galloway** and **Roddy Hart**. Now, with her self-titled sophomore album already released, Katie's innovative sound continues to propel her even further forward into the minds of the music loving public.

**Lucy / Frayed** is out now via **Fitlike Records**.



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